

Smart People, Dumb Choices

WAITING IS THE HARDEST PART

Frame your choices in the context of _____

Patience is _____ in the _____ something takes

Patience requires _____

Impatience Trap: Decreased _____

Impatience Trap - Failing to _____

Why do we not take time?

- _____ Overload
- Everyday _____
- Assuming we _____

Avoiding the Trap - _____

Avoiding the Trap - _____

Avoiding the Trap - Look for faulty _____

1. Attacking the _____ rather than evaluating the person's _____.
2. Rejecting anything except the _____ solution.
3. Thinking in _____ terms, rather than multiple options
4. Resorting to _____ appeals, rather than reason, to support our position.