

Guarantees for misery

THE PERFECT GUIDE TO BEING MISERABLE

Overcoming our misbeliefs

Step 1: Locate and _____ the accompanying misbelief

Step 2: _____ against it.

Step 3: _____ it with the TRUTH.

Six popular misbeliefs

1. I must get what I _____ to be _____.

It's _____ if I don't get what I _____.

My wants are the most _____ thing in the world.

Doing without is intense _____.

If other people have what I want and I don't have it, it's _____.

I have to do _____ I can to get what I want.

I'm _____ when I have what I want.

Other people must be as _____ and unhappy as I am if they don't have what they want.

Other people must want the same things I do; therefore, it's _____ to me to see people in want.

If I don't have what I want, there must be something wrong with me as a _____.

If I don't have what I want, _____ must not hear my prayers.

Right? These people who Pastor is talking about - the ones God likes - he must not like me. They get what they want!

TRUTHS

God loves me and _____ answers my prayers!

The Bible says that the Lord will never leave me nor forsake me; therefore, I know that _____ in my life is under His watchful eye!

It's _____ terrible when my every whim isn't gratified!

It's not terrible when my every need isn't met on my terms and _____!

It may be uncomfortable or inconvenient to do without certain things, but _____!

It is well with my _____! I will tell myself the truth! I can do without, I can be hassled and annoyed from time to time, but I can know in the recesses of my very being that through it all, I _____ it to be well with my soul!

I give others the right to be _____ successful than I, to have what I want!

I set myself free from covetousness. I refuse to be a _____ person. It is well with my soul!

I choose to love the Lord Jesus more than my own wants, and that's why I can _____ my wants to Him to bestow, bless, withhold or _____.

Matthew 5:3 (NLT) God blesses those who are poor and realize their need for him, for the Kingdom of Heaven is theirs.

2. It's terrible to have hurt _____.

Misbeliefs are _____ suited to add deep wounds and hurts to your life and _____.

I must avoid situations and people who might _____ me.

People who hurt me are _____.

I'm _____ of a person when my feelings are hurt.

_____ people shouldn't have their feelings hurt, either.

I must do everything to _____ hurting other people's feelings.

People who hurt the feelings of my _____ are bad.

I must _____ people treat me kindly and not hurt my feelings.

I must always try to make others _____ and never cause any trouble because someone might get hurt.

I must try at all times to be "_____." A Christian should never feel hurt.

Luke 6:28 Bless those who curse you. Pray for those who hurt you.

3. In order to be happy, I must be _____ by everyone.

I must _____ hard to make everybody love me.

I must _____, manipulate and diligently endeavor to make certain I do just what people like.

If people don't love me, I _____ be happy.

People who aren't loved by others must be very _____.

People who aren't loved by others must be _____.

If people don't love me, _____ a failure.

People _____ it to me to love me.

It's terrible to be _____.

People who are famous, popular and adored by others are _____.

If I am _____, popular and adored by others I will be successful.

If nobody loves me, I might as well end it all. I'm _____.

John 15:18 If the world hates you, remember that it hated me first.

4. Things have to go _____.

I have to _____ everything I think is right.

I must crusade for _____ in my home, at work, at church, in the neighborhood and everywhere else I go.

People shouldn't make _____.

I _____ make mistakes.

If I make mistakes, I'm _____.

When things go wrong, someone is to _____ and they ought to be corrected.

Proverbs 17:9 Love prospers when a fault is forgiven, but dwelling on it separates close friends.

5. If it's worth doing, it's worth doing the _____!

Doing a poor job of something is terrible and _____.

I _____ forgive myself if I do poorly on something.

I can't _____ a poor job.

Not getting the best grades, the best results, is a blot on a person's _____.

People who don't work hard or achieve success are _____ and inept.

Lack of success is a sign of _____.

Lack of success is a sign of not _____ hard enough.

If my children, friends, spouse don't agree with my demands for achievement, there's something _____ with them.

If you can't give the very best to something, _____.

Jesus _____ us to do the best at all times.

Jesus expects us to give our _____; nothing less will do.

Jesus is not _____ with us when we do a job poorly.

Proverbs 16:3 Commit your work to the Lord, and your plans will be established.

Ecclesiastes 11:4 Farmers who wait for perfect weather never plant. If they watch every cloud, they never harvest.

6. I should always be and act _____ in spite of all hardship or trouble that comes my way.

Feeling bad or upset is not being a good _____.

People will find out that I'm not a good Christian if they see I'm _____ or distressed.

It would be _____ if people didn't think I'm a good Christian.

I must be _____ and looked up to, no matter what.

I must maintain my perfect _____ in this dark and cruel world; otherwise God won't be pleased with me.

It's up to _____ to convert the world with my ever-strong and courageous attitudes and actions.

There's something _____ with me if I don't receive trouble and hardship with a thankful heart.

I should be _____ when trouble comes my way.

It's _____ to cry or feel sorry for myself.

I must never let anyone know I do these things. They'll think _____ of me.

Nobody must ever find out what a _____ I am. I must hide my feelings and "Put on a Happy Face".

Psalm 34:12-14 Whoever of you loves life and desires to see many good days, 13 keep your tongue from evil and your lips from telling lies. 14 Turn from evil and do good; seek peace and pursue it.