

Checkpoints, Footholds, and Fish Mouth Me & My Big Mouth

Ephesians 4:1-3 *I urge you to live a life worthy of the calling you have received. 2 Be completely humble and gentle; be patient, bearing with one another in love. 3 Make every effort to keep the unity of the Spirit through the bond of peace.*

_____ like the Christian you've been called to be.

Ephesians 4:17 *So I tell you this, and insist on it in the Lord, that you must no longer live as the Gentiles do, in the futility of their thinking.*

Your _____ has to change.

18 *They are darkened in their understanding and separated from the life of God because of the ignorance that is in them due to the hardening of their hearts.*

Don't be surprised when people in the culture around you act like _____. That's normal.

19 *Having lost all sensitivity, they have given themselves over to sensuality so as to indulge in every kind of impurity, and they are full of greed.*

Sensuality means being _____ to satisfy your senses.

We should live with a motivation to please our Father, not our _____.

20 *That, however, is not the way of life you learned 21 when you heard about Christ and were taught in him in accordance with the truth that is in Jesus. 22 You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;*

Deceitful desire is a desire you have that _____ you one thing and then doesn't fulfill the promise.

23 *to be made new in the attitude of your minds; 24 and to put on the new self, created to be like God in true righteousness and holiness.*

Look through the _____ of Christ and see yourself and the world around you differently.

Your _____ doesn't make you special it sets you apart for something special.

26-27 *"In your anger do not sin": Do not let the sun go down while you are still angry, 27 and do not give the devil a foothold.*

Foothold - a place where a person's foot can be lodged to _____ them securely, so that further _____ may be made.

29 Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.

Avoid _____.

Your mouth is like a _____ and you are the _____.

"But only" becomes our _____.

Your words need to be _____ for the person you are talking to.

Imagine that every conversation is like a construction site and _____ are the building material.

When you leave a conversation, are they _____ for having been with you?

Look for opportunities in our conversations to give others what they need for their _____.

30 And do not grieve the Holy Spirit of God, with whom you were sealed for the day of redemption.

Be careful how you _____ people that God loves.

31 Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. 32 Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.