

# Guardrails

## Avoiding Regrets In Your Life

Guardrail - A system designed to keep vehicles from straying into dangerous or off-limit areas.

Three primary places we find guardrails:

1. \_\_\_\_\_ - areas of very little margin for error.
2. \_\_\_\_\_ - areas where we are very close to other people moving in the opposite direction.
3. \_\_\_\_\_ - areas of unexpected changes in roadside conditions.

Guardrail - a \_\_\_\_\_ standard of behavior that becomes a matter of conscience.

Personal behavioral practices you intend to be so \_\_\_\_\_ to that when you violate them or even come close to violating them, it bothers your conscience.

***Eph 5:15 Be very careful, then, how you live—not as unwise but as wise,***

“live” = \_\_\_\_\_      “unwise” = \_\_\_\_\_      “wise” = eyes wide open

***Eph 5:16 making the most of every opportunity, because the days are evil.***

\_\_\_\_\_ use of your time.

***Eph 5:17 Therefore do not be foolish, but understand what the Lord’s will is.***

If you are foolish, then there is no \_\_\_\_\_ of understanding the Lord’s will.

***Eph 5:18 Do not get drunk on wine, which leads to debauchery.***

\_\_\_\_\_ is a guardrail. It’s foolish (careless) and irresponsible.

“Debauchery” = extreme \_\_\_\_\_ that results in a loss of control.

Areas of your life where you have a tendency to hand \_\_\_\_\_ over to something or someone needs a guardrail.

***Eph 5:18(b) Instead, be filled with the Spirit.***

God wants to be the preeminent \_\_\_\_\_ in your life.

Be careful how you live. Establish guardrails. Don't be foolish.

**No one has ever regretting establishing a guardrail, but plenty have regretting not having one.**

Moving Forward: At this point, what is your attitude and response concerning the idea of establishing guardrails in your life? Do you see a need? Why or why not?

Changing Your Mind: Focus and/or memorize on Ephesians 5:17