

Forgiving FOUR EMOTIONS THAT CONTROL ME

Proverbs 4:23 Guard your heart above all else, for it determines the course of your life.

Matthew 15:18-19 But the words you speak come from the heart —that’s what defiles you. For from the heart come evil thoughts, murder, adultery, all sexual immorality, theft, lying, and slander.

Jeremiah 17:9 (ESV) The heart is deceitful above all things, and desperately sick; who can understand it?

Ephesians 4:31 Get rid of all bitterness, rage, anger, harsh words, and slander, as well as all types of evil behavior. 32 Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you.

WHEN I _____ FORGIVENESS, I AM _____ FROM THE _____ OF MY SIN. WHEN I _____ FORGIVENESS, I AM _____ FROM THE SIN OF MY _____ AS WELL.

FORGIVENESS IS A _____ FOR THOSE COMMITTED TO KEEPING THEIR HEARTS _____ OF ANGER AND BITTERNESS.

WE WILL NEVER _____ FORGIVING.

Completing the Cycle of Forgiveness

1. Identify _____ you’re angry with.

2. Determine _____ they _____ you.

Matthew 18:23 “Therefore, the Kingdom of Heaven can be compared to a king who decided to bring his accounts up to date with servants who had borrowed money from him. 24 In the process, one of his debtors was brought in who owed him millions of dollars. 25 He couldn’t pay, so his master ordered that he be sold—along with his wife, his children, and everything he owned—to pay the debt.

3. _____ the _____.

4. _____ the _____.